TOBACCO | WATER | OCEANS

How tobacco control contributes to achieving Sustainable Development Goals 6 and 14

BACKGROUND

In September 2015, the UN General Assembly formally adopted the Sustainable Development Goals (SDGs). The goals call for all countries to eliminate poverty and hunger worldwide, protect the climate, forests and oceans and improve public health.

Goal three (health) includes the implementation of the WHO Framework Convention on Tobacco Control (FCTC). With good reason, considering the fact that seven million people die each year as a result of consuming addictive tobacco products. This is the leading preventable cause of death through non-communicable diseases (NCDs).

Tobacco control is also relevant for the achievement of other development goals. For example, the reduction of tobacco consumption and production contributes to the improvement of water supply (SDG 6) and to the conservation of the oceans, seas and marine life (SDG 14).

CLEAN WATER AND SANITATION

SDG 6: Ensure availability and sustainable management of water and sanitation for all

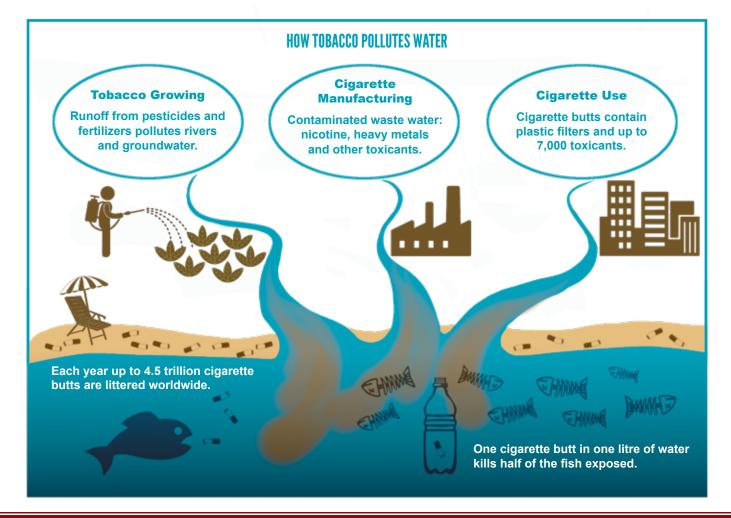
LIFE BELOW WATER

SDG 14: Conserve and sustainably use the oceans, seas and marine resources for sustainable development

CIGARETTE BUTTS CONTAMINATE WATER

In 2016, one billion smokers consumed 5.7 trillion cigarettes worldwide.² While smoking prevalence has dropped in the past decade, global cigarette consumption is predicted to rise further due to population growth and young people in developing regions taking up smoking.³ Globally, the use and disposal of cigarettes leads to 3.2 million tonnes of solid

waste per year from packaging, plug wraps, and cigarette filters.⁴ After smoking, cigarette butts most commonly are littered, adding up to an estimated 4.5 trillion pieces worldwide polluting the environment every year. In cities they constitute up to 50 % of littered items (SDG 11.6) and during beach cleanups they are the number one picked up item (SDG 14.1).⁵ Cigarette butts are composed of a filter and residue tobacco.



They contain a mixture of over 7,000 toxic substances, notably bioaccumulative heavy metals, polycyclic aromatic compounds, ethyl phenol, and nicotine.⁶ These poisons leach out to the environment. Research on levels of nicotine in urban water showed that one cigarette butt is enough to contaminate 1,000 litres of water with concentrations having toxic effects on water organisms (SDGs 6.3, 6.6).⁷ Another study on the effect of cigarette butt leachate

Additionally, monocropped tobacco intensively depletes the soil of nutrients, exacerbated by the practice of topping and suckering to increase the nicotine concentration in the leaves. Consequently, tobacco farming needs a huge amount of fertilizers. 12

In Bangladesh's Bandarban and Cox's Bazar districts, tobacco is grown along the fertile floodplain of the Matamuhuri River, a major water source in the area. With tobacco fields occupying a stretch

TOBACCO CONTROL IS PART OF THE DEVELOPMENT GOALS

With **SDG 3**, the United Nations want to "ensure healthy lives and promote well-being for all at all ages". This includes target 3.a, which aims to strengthen the implementation of the WHO Framework Convention on Tobacco Control (FCTC).

on small fish concluded that half of the fish died at a concentration of one used cigarette butt in one litre of water.8 Finding its way through storm sewers and drainages to rivers and oceans, tobacco product waste does not only release toxicants, but also adds to the burden of plastic waste (SDGs 14.1, 14.2). Cigarette filters are made of cellulose acetate, i.e. plastic microfibers. They are not biodegradable, but decompose into microplastic. Fish, birds and marine mammals mistake butts for food. While bigger pieces can contribute to obstructions in the digestive tract of these animals, ingested micro plastic can return to humans through the food chain.9

TOBACCO FARMING AFFECTS WATER BODIES

Tobacco is grown in 125 countries using 4 million hectares of arable land, primarily in low- and middle-income countries where 90% of the global tobacco leaf harvest is produced.¹⁰

Tobacco growing is shaped by intensive use of pesticides. Water soluble toxicants used in tobacco growing include for example Aldicarb and Carbofuran. While both are banned in the EU, they still are used in tobacco growing countries like Bangladesh, Brazil or Vietnam.

of 80 kilometres on both river banks, the runoff from pesticide and fertilizer residues directly pollutes the water and adversely effects fish populations and aquatic life biodiversity (SDGs 3.9, 6.6).13 Furthermore, growing tobacco needs a lot of surface as well as underground water for irrigation (SDG 6.4). The water footprint of raw tobacco is 2,925 litre per kilo. This is double the amount needed for maize, five times that of maniok and nearly eight times that of sweet potatoes. 14 Water scarcity, increasingly erratic rains, excessive use of fertilizers, and population growth are major factors for water stress in tobacco growing countries like Bangladesh, Malawi, and Zimbabwe.15

As well, primary processing of tobacco and cigarette manufacturing involves water use. Globally, these stages of the tobacco chain need around 60 million tonnes of fresh water and produce 55 million tonnes of waste water. In cigarette manufacturing, water resp. steam is used to regulate the moisture of the tobacco blend, to apply additives, and to process tobacco pulp. The resulting wastewater contains a number of toxicants such as ammonia, nicotine, hydrochloric acid, nitrate, chlorine, and lead compounds. 16

WHAT NEEDS TO BE DONE

Tobacco control measures can significantly contribute to Sustainable Development Goals 6 and 14. The reduction of tobacco use (SDG 3.a, FCTC Art. 3) directly translates into less environmental harm caused by the tobacco product chain.

To curb the toxic plastic waste in water bodies and oceans, it is important to raise awareness among users about the effects of littering butts (SDG 12, FCTC Art. 12), e.g. through coastal and city cleanups (SDGs 6, 11, 14). Additionally, the longterm effects of nicotine on water bodies and effective measures to distract nicotine from waste water need research attention (SDGs 6.3, 6.6, FCTC Art. 20-22)

The European Union's upcoming directive to reduce plastic waste suggests to phase out cellulose acetate cigarette filters and substitute them by alternatives (SDGs 6, 14, FCTC Art. 9).¹⁷ Since filters have not proven to make cigarettes safer, the EU should rather consider a ban of filters altogether.¹⁸

In tobacco growing countries, there is an urgent need to reduce the environmental harm to water bodies in tobacco farmers' communities (SDGs 3.9, 6.3, 6.4, FCTC Art. 18). In Bangladesh, for example, legislative action is under way to introduce minimum distances from water bodies for tobacco cultivation. ¹⁹ But in the long run, governments should promote sustainable alternative livelihoods for tobacco farmers to substantially reduce the environmental toll of tobacco (SDGs 3.9, 6.3, 6.4, FCTC Art. 17). ²⁰

Finally, governments need to mandate systematic and extensive reporting from the tobacco industry on its environmental impacts and hold the industry financially responsible for it, e.g. using the Extened Producer Responsibility principle.²¹

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→www.unfairtobacco.org/en/sdg-facts05 Further information on tobacco & the SDGs:

 ${\rightarrow} www.unfairtobacco.org/en/sdgs$

Unfairtobacco

c/o BLUE 21 | Gneisenaustr. 2a | 10961 Berlin | Germany Phone: +49 - (0)30 - 694 6101 | Email: info@unfairtobacco.org Website: www.unfairtobacco.org

Author: Sonja von Eichborn

Layout: Michael Tümptner, www.neungradplus.de

Berlin, September 2017

Unfairtobacco exposes how tobacco industry harms farmers, consumers and the environment.

With financial support from ENGAGEMENT GLOBAL on behalf of

With the kind support of





The contents of this publication are the sole responsibility of the Berlin Working Group on Environment and Development (BLUE 21 e.V.) and do not reflect the views of Engagement Global gGmbH, the Federal Ministry for Economic Cooperation and Development or the Berlin Senate Department for Economics, Energy and Businesses.

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